

The center provides **effective, personalized, and comprehensive peer support services** to address the distinct needs of people who serve others.

- ✓ Veteran/Military Community
- ✓ Child Protection Workers
- ✓ Correctional Officers
- ✓ Firefighters/EMS
- ✓ Law Enforcement
- ✓ Caregivers
- ✓ Educators
- ✓ Mothers
- ✓ Nurses

Over 400 highly trained Peer Support Specialists are here when you need us.

Free and Confidential Services:

- ✓ Peer Support Specialist
- ✓ Tele-Peer™
- ✓ Needs Assessment
- ✓ Referrals
- ✓ Prevention Training
- ✓ Post-intervention Crisis Response

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University Behavioral Health Care



**You can help support
our heroes too**
Scan to make a donation

We encourage you to call one of our peer support programs to get the help you need for your particular situation. Support from our dedicated and professional staff of peer support specialists is always free and confidential. Call now at the number below. We are here to listen and guide you.



Sometimes heroes need help too

Rutgers University Behavioral Health Care
Piscataway, NJ 08854

For more information, please call
833.727.5463



- **FREE**
- **Confidential**
- **Live Answer**
- **Access 24/7**



Our diverse programs use the **Reciprocal Peer Support Model®**, a national best practice.

- ✓ Emphasize strength and self-care
- ✓ Provider networks with specialty population expertise
- ✓ Peer support that enhances and encourages treatment

FIRST RESPONDERS



866.267.2267 | njcop2cop.com



888.425.8365 | 4bluenj.com



833.486.5776 | njcop2cop.com/rpo



888.653.3367
njfireems.com

ADDICTION SUPPORT



833.825.5877
njtrs.com

Speak with someone who understands your life experiences and the challenges you face before your challenges become a crisis.

Our helplines are confidential! Each line is manned by peer support specialists specific to the organization's population. We provide peer support, needs assessments, specialty network referrals, and Critical Incident Stress Management services. Peer Prevention services are also available for suicide prevention and resilience training. When the job or life gets to you, it helps to talk confidentially to another person who has been in your shoes. We are a phone call away.

MILITARY COMMUNITY



855.838.8255
vets4warriors.com



866.838.7654
njvet2vet.com

EDUCATION



866.243.6532 | njea.org/aid-njea-can-help



844.444.0152
nysut.org/peersupport

CAREGIVERS



844.687.7301 | nurse2nursenj.com



877.914.6662 | mom2mom.us.com



833.652.3858 | mom2mom.us.com



WHEN YOU CARE • WE ARE THERE

800.424.2494 | care2caregivers.com



855.327.7482 | worker2worker.com